

Copper Country Oldtimers
Infectious Disease
Preparedness and Response Plan

1. General Measures to Prevent the Spread of Disease on Sundays

CCOTH encourages:

- Stay home if you are sick.
- Wash hands frequently and thoroughly
- Maintain personal space of at least six feet
- Cover coughs and sneezes using elbow
- Don't touch the eyes, mouth or nose
- Use and discard tissues
- Wear masks when entering the rink and while in the locker rooms.
- Arrive no sooner than 30 minutes before your ice time and depart within 30 minutes of the end of game
- Limit locker room capacity to 12 individuals
- Complete HOCO sign-in sheet with names and numbers for all in attendance.
- Do not share water bottles.

2. Response Protocols When Infection Impacts Our League

Response protocols are based on the WUPHD guidance for return to activity.

2.1 Member Positive Test

The member must stay home. Return to play can occur when:

- 24 hours with no fever/no fever reducing medication **and**
- Symptoms have improved **and**
- 10 days since symptoms first appeared.

Member should identify and notify individuals who would be considered close contacts of positive test.

2.2 Member is symptomatic and awaiting test results

The member must stay home. Return to play can occur when:

- Negative test
- 24 hours with no fever/no fever reducing medication **and**
- Symptoms have improved

If positive, see 3.1.

2.3 Member is symptomatic and no testing done

The member must stay home. Return to play can occur when:

- 24 hours with no fever/no fever reducing medication **and**
- Symptoms have improved

2.4 Member has Close Contact to a Confirmed Case (Positive Test)

Member may continue to play after close contact but must monitor symptoms.

3. Cancellation Policy

League will not cancel a Sunday unless more than 40% of players will miss due to sickness in a given week. If this does happen, we will return to play the following week unless the 40% threshold continues to be exceeded. The league will make a decision the Friday evening each week.